

# Team-Building in the Kitchen

## Hands-On Cooking Class in the GP Kitchen



Bringing groups of co-workers into our professional kitchen is a unique opportunity to achieve team-building objectives. For any group, cooking and learning new culinary skills is a way to share a passion while having fun and learning about one another.

The Great Performances culinary team plans and facilitates the production of a complete meal. The group breaks into teams to create an appetizer and a three-course meal: first team concentrating on the appetizer, second on the first course, third on the entrée, and the last on the dessert. At the end, everyone enjoys the fruits of their labor as a family meal.

What is always a surprise is recognizing that we each have special hidden talents and innovative ideas that emerge while cooking and working in a new environment. We have watched a group begin to laugh, share stories, and interact in new ways while cooking and eating together.

Some of the results we have seen from kitchen team-building activities include new levels of communication, greater creativity within the group, increased respect among team members, and a willingness to open up to new ideas and methods.

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