

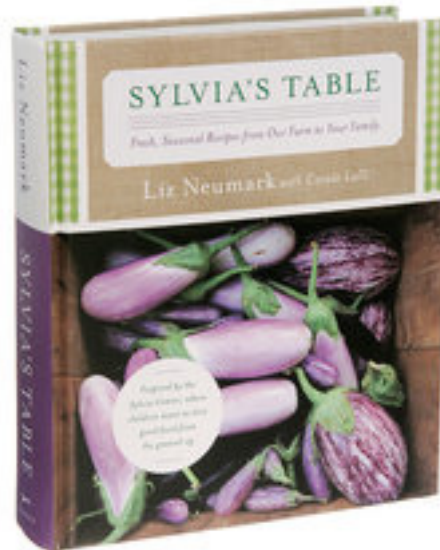
The New York Times

Front Burner: A Cookbook for Locavores, Prawns for Summer and More

By FLORENCE FABRICANT

To Consult: A Cookbook Intended for Budding Locavores

There's no shortage of seasonal locavore cookbooks out there, but "Sylvia's Table" is especially appealing on other counts. Many of the recipes are uncomplicated and use farm-fresh ingredients, and are explained in a way that children can prepare them. The book is from the Sylvia Center at Katchkie Farm in the Hudson Valley, which teaches city schoolchildren about farming and cooking. Take the book into the kitchen for the shiitake, corn and fava-bean salad; mint pesto for lamb on the grill, and a caramelized peach and ginger crisp. The book is also filled with historic tidbits and basic cooking tips, like making stock: "Sylvia's Table" by Liz Neumark with Carole Lalli (Knopf, \$35).



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